



Sleeping Policy

Date: July 2011

Review date: September 2012

Bumbles: - sleeping routines will be respected.

1. All equipment is checked regularly and mattresses are clean, firm and in good condition and replaced when necessary.
2. Babies are placed in the correct position in their cots – feet to foot.
3. Each child to have own bedding. Which is changed and laundered regularly. We do not use duvets or pillows
4. Sleeping babies are to be checked every 10 minutes and this is to be recorded on a sleep chart. The member of staff who checks sleepers initials the sleep chart.
5. Staff have completed emergency first aid training which is updated every 3 years

In the event of finding a child who has stopped breathing. Emergency first aid procedures will commence.

A call to the emergency services will be the first call made

Parents will then be contacted, reassurance will be given and arrangements made to meet at the hospital.

Two staff members will stay with the child (for support for each other).

Other children will be evacuated quietly and quickly from the room

Toddlers:- will have access to cushions and bean bags and may have more flexible sleep routines.

The Hive:- children's sleeping routines/ needs will be respected

Where a regular sleep routine is still required the child will be settled in a cot or on a mattress and the sleeping child will be closely monitored.

All children will have access to cushions and beanbags – the child's need for sleep will be respected and no child will be prevented from sleeping or deliberately woken by nursery staff.